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President's Message.....

Dear Members,

Warm Greetings for Dussera, Diwali and Idd.

Since the past six months, as President of this esteemed organisation, the WGU team has worked together in harmony. Many occasions were celebrated and each time a good response from the members was received. Many ladies were attracted by our work and have enjoyed joining the WGU and being of service to the needy.

October 2 to 8, 2012, was the **Joy of Giving Week**. This week is celebrated globally. Gifts were distributed to the Balwadi and Study Centre children.

The month of November, being part of the festive season, Children's Day and Diwali will be celebrated with a grand Party. A Magic show, games and music are being arranged to entertain the kids.

Congratulations to Women Graduates Union for being honoured on World Personalised Service Day by Lions Club and for being the recipient of the Service Award. Credit for this goes to all the members for their unstinted support to the Institution.

We are planning a major Fund Raising Drive for the renovation of the Amy Rustomjee Hall and the entire Building. I sincerely request members to bring in funds through their good offices, contacts and resources. Your help will go a long way in collecting funds and enable us to reach our goal by the centenary year.

Best wishes,

— GAURI CHHABRIA



Forthcoming Events of Counselling & Guidance Centre

A Workshop on '**Domestic Violence**' will be held on Monday, October 29, at 3.00 p.m.

The speaker, Chitra Joshi of Dilaasa Women's Counselling Centre, will enlighten the audience on the causes of Domestic Violence, Self-protection and Status of Women in Law vis-à-vis the offence.

The treatment for the physical, mental and emotional trauma that follows Domestic Violence will also be discussed and recommendations made.

A Workshop on '**Menopause - Symptoms, Causes, After-effects and Treatment**' will be conducted by Anita of **Vandrewalla Foundation Counselling Centre** on November 5, between 3 to 4 p.m. Women between the ages of 40 and 50 specially should participate.

Another Feather in the WGU Cap

Lions Clubs International, District 323 A1, celebrated **World Personalized Service Day** at the Convocation Hall, University of Mumbai, on October 8, 2012.

Four Institutions were honoured and felicitated. Women Graduates Union was recognized and felicitated for the yeoman services rendered since the past 98 years in the field of Education of Women and Child Care. Congratulations to the Institution for another feather in the cap.

Hon'ble State Minister for Health, **Shri Suresh Shetty**, presented the award to the Trustee **Suman Anand**, who accepted it on behalf of the WGU. Many Trustees and members of the WGU were present on this joyous occasion.

Incidentally, Incablenet and TV9 channels gave live coverage of the event.

COMPUTER TRAINING FOR SENIOR CITIZENS AT W.G.U.

SENIOR CITIZENS (65 yrs. and above)

DURATION : 30 days

MS Word	- 7 Days	If 5 students come together : ₹900/- each. For practice after completion of the course, the monthly charges would be as follows : At the same time as the training session - ₹750/- for an hour. Any other time for practice - ₹500/- for half an hour.
Internet	- 3 Days	
Search Engine	- 2 Days	
Chatting	- 3 Days	
Facebook	- 3 Days	
Practice Session	- 12 Days	
COURSE FEES	: ₹1100/-	

WGU participates in Special CC meeting at Pune

On October 6, 2012, four members from the Managing Committee of the WGU attended the Special CC meeting of IFUWA held in Pune, to decide on which city should be the venue for hosting the 2016 IFUW Triennial Conference, in the event IFUWA succeeded in getting the bid to hold it in India.

IFUWA members from different UWAs also attended the special meeting.

As the next Headquarters of IFUWA would be Chennai, it was agreed that the IFUW Triennial Conference would be held there in case IFUWA was selected.

Visit by G. D. Somani Students to the WGU Study Centre

Eighty four students of Standard 3 and 4 of the G.D. Somani School visited the Study Centre on October 10 and 12, 2012.

Interaction amongst the children in the form of games, dancing and sharing of snacks fostered a spirit of social awareness and brought joy to the shared moments.

The G. D. Somani School children brought gifts such as soap, towels, chocolates and biscuits for the Study Centre kids, which were greatly appreciated.

A Few Definitions For The Modern Era

School : A place where Papa pays and Son plays.

Life Insurance : A contract that keeps you poor all your life so that you can die Rich.

Nurse : A person who wakes you up to give you sleeping pills.

Marriage : Its an agreement in which a man loses his bachelor degree and a woman gains her masters.

Divorce : Future tense of Marriage.

Tears : The hydraulic force by which masculine willpower is defeated by feminine water power.

Lecture : An art of transferring information from the notes of the Lecturer to the notes of the students without passing through "the mind of either".

Conference : The confusion of one man multiplied by the number present.

Compromise : The art of dividing a cake in such a way that everybody believes he got the biggest piece.

Conference Room : A place where everybody talks, nobody listens and everybody disagrees later on.

Boss : Someone who is early when you are late and late when you are early.

Politician : One who shakes your hand before elections and your Confidence after.

Doctor : A person who kills your ills by pills, and kills you by bills.

Classic : Books, which people praise, but do not read.

Smile : A curve that can set a lot of things straight.

BOOK REVIEW
CORPORATE CHANAKYA
SUCCESSFUL MANAGEMENT THE
CHANAKYA WAY

Radhakrishna Pillai

You may well question why this book on Management is being reviewed for "University Women", the WGU Newsletter. How is it of interest or relevance?

What was compelling and intriguing was the notion that theories propounded by the great 4th Century B.C. political thinker, leader and mastermind, **Chanakya**, also known as **Kautilya**, could be relevant and that his theories documented in the **Arthashastra** and **Chanakya Niti** could be applicable to modern management theories in the 21st Century.

In a "meet-the-author" evening, it was enlightening to listen to the highly motivated **Radhakrishna Pillai**, who had thoroughly researched the subject. He emphasised the varied and specialised areas in which **Chanakya's** theories could be applied with effect and positive results even today.

Chanakya has been described as a "rare mastermind, whose expertise extended to management, economics, politics, law, leadership, governance, warfare, military tactics, accounting systems, etc." The 6000 sutras have been classified into 15 books, 150 chapters and 180 topics by **Chanakya** himself.

The **Arthashastra** has been described as the scripture of wealth. "It's the knowledge of wealth and a wealth of knowledge".

The book covers Leadership in Part I, delving into power, qualities of a leader, competition, people-skills; in Part II Management is discussed in detail with reference to dealing with employees, finance, team-work and strategies. The last section, Part III, concerns Training, with chapters on trainees, bosses, organisation and advice.

Every aspect of Leadership, Management and Training is discussed in the book, with interesting references, quotes by chapter and verse, to **Chanakya's Arthashastra**.

This book "applies ancient wisdom to new-age business", as quoted from one of the book reviews.

— Ed.

Hostel Anniversary
Celebrations

The Hostel Anniversary Dinner
will be held on
November 30, 2012,
at 8.00 p.m. in the
Dining Hall.

Members do sign up as soon as possible. As always it will be a fun evening with games, music, interaction with hostel residents and a lavish dinner

Members **Rs.150/-**

Guests **Rs.175/-**

Counselling & Guidance Centre

A Workshop on the '**Prevention of Gutka Addiction**' was held at the BMC School on October 5, 2012, for the benefit and knowledge of the children of Standards VIII and IX. Twenty-six children attended the Workshop, which began with a short but detailed description of Gutka and how it came into mass use.

The harmful effects of regular consumption of gutka were highlighted with drawings and games. It was noted that girls, and not boys, were in a majority as users of gutka. They were eager to know about the ways and means to prevent addiction. The Counsellor taught the children the techniques of concentration and relaxation, which would help them to overcome the addiction.

The **Counselling & Guidance Centre** intends to start **Career Counselling & Aptitude Testing**. The various tests will include :

- 1) The Differential Aptitude Test which measures the aptitude of the students in Numerical Ability, Abstract Reasoning, Speed Accuracy, Mechanical Reasoning, etc.
- 2) The Multi-factor Interest Inventory which zeroes in on the particular field

of interest of the client.

- 3) For Personality Development, the Multi-Assessment Test of Personality which measures twenty different aspects of personality.

Discussions with the Principal of the BMC School have been held and testing will start after the school examinations.

A **Personality Development Class** with 10 sessions will be held and will include the following :

- Effective Listening
- Goal Setting
- Grooming Skills
- Manners in Public
- Habits of Great People
- Observation Skills
- Time Management
- Personal Hygiene
- Mobile phone Etiquette
- How to overcome Clumsiness

Leaflets are being distributed. For more details, contact the Centre.

The Centre is also running basic and conversational classes for students and others.

Unchanging Laws

Law of Mechanical Repair - After your hands become coated with grease, your nose will begin to itch and you'll need to run for the bath room.

Law of Gravity - Any tool, nut, bolt, screw, when dropped, will roll to the least accessible corner.

Law of Probability- The probability of being watched is directly proportional to the stupidity of your act.

Law of Random Numbers - If you dial a wrong number, you never get a busy signal and someone always answers.

Study Centre Announcement

The Study Centre is celebrating **Children's Day** and **Diwali** with a Party on Friday, November 9, at 3.30 p.m. at the WGU.

A Magic Show is being arranged alongwith many games and music for the children.

Members do join in the celebrations and contribute generous gifts to the children to help make it really special.

Refreshments : Rs.50/- per person.

My philosophy is : It's none of my business what people say of me and think of me. I am what I am and I do what I do. I expect nothing and accept everything. And it makes life so much easier.

— Anthony Hopkins

Editor : **Dolat Kotwal**

On behalf of **Women Graduates Union**, printed and published by President, Mrs. Sheila Shastri.

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