

# *University Women*

RNI No. 22821/1976

₹ 2-50

University Women

February 2017

Issue No. 2

## **A LIVELY, LOVELY EVENING**

With the Centennial over, in a continuing celebratory spirit, the WGU celebrated its 101st Fund Raising drive with a lively function at the Rooftop, Hotel Diplomat, on February 5, 2017. Members and guests, all in a happy mood in the cool and balmy evening, and dressed in their best, mingled around and greeted one another to catch up on the latest news of friends who they may rarely meet otherwise.

Dr. Keiki Mehta, the Guest of Honour, together with the President, WGU, Havovi Gandhi, Office Bearers of the WGU and Ms Zenobia Mehta, released the Souvenir of the occasion.

A very entertaining programme arranged for the evening commenced with sleight-of-hand Illusionist, IAN, assisted by volunteers from the audience. The disappearing and re-appearing of objects, seemingly from thin air, left all agape!

Ian was followed by a session of shayari by Mumbai's well-known and highly respected Shayar, Sagar Tripathi. The couplets and sonnets on subjects which he called upon the audience to give him, drew repeated 'wah - wah's and applause.

The duo of Lyndon and Evita of 'The Watts' Band took over for the rest of the evening and young and old 'shook a leg' to their lively tunes. Delicious snacks and a sumptuous dinner brought a very happy evening to a close, with an added bonus for the winners of the lucky-dip prizes who wended their way home clutching their gifts!

### **PUBLIC SERVICE**

Help others and give something back.

I guarantee you will discover that while public service  
improves the lives and the world around you,  
its greatest reward is the enrichment and new meaning  
it will bring your own life.

– Arnold Schwarzenegger

## SHAILESH HARIBHAKTI ON BUDGET 2017

Mr. Shailesh Haribhakti is the Founder & Chief Mentor of Baker Tilly DHC Pvt. Ltd. and of Haribhakti & Co. LLP (Chartered Accountants). He is currently Chairman of the National Pension Scheme Trust and is also a member of several Advisory Boards. He serves on several large Boards of multinational and Indian Companies and 'Not for Profit' organizations. He is a strong supporter of a clean and green environment and the harmful impact of global warming, and he also strongly believes that good Governance creates a sustainable competitive advantage.

He began his talk by saying how impressed he was with the various activities and projects being undertaken by the WGU.

He gave a macro view of the Indian Economy which compares very poorly with the rest of the other developing countries. He said China and India were on a par in their economic development in the early sixties but now China is way ahead of India.

Then he explained the concept of India Stack. There are 6.25 crore enterprises of all types but most of these enterprises are not in the formal system, and they exist only in the informal sector. Of the 6,500 enterprises listed, only an average of 200 are traded daily, and as a result a very small percentage pays income tax.

The Finance Ministry is using data analytics to achieve the government's fiscal goals. Automation and technology will pervade the whole system. Individuals and enterprises will find it difficult to evade taxes. Government will also pursue the disinvestment of public sector enterprises to generate receipts and all these measures will help to reduce fiscal deficit and interest burden.

The Finance Minister has taken five initiatives.

1. Largest reform is the GST rollout which combined with demonetization, benami laws, etc., will bring maximum numbers into the tax net.
- 2 & 3. Focus on building infrastructure and low cost housing,
4. Encouraging Foreign Investment and scrapping of FIBP which will give an incentive to foreigners to invest in India.
5. Corporate tax will become globally competitive and there will be a concession in income tax with a benefit of Rs.12,500/- to all categories of tax payers.

### HIS MAXIMS

- The biggest investment is to "Invest In Yourself"
-

Get Systematic, Aware, Disciplined, Learn more.

- Learn to use 'technology' on your palmtop
- Pay taxes happily

NGO's should invest in their objects and purposes, while protecting their capital. Indians invest primarily in real estate and gold, etc., but to beat inflation he suggested systematic investment in equities is better. He ended with a very interesting question / answer session.

The only true minority in India constitute only 2.9% of population they are called

**Tax payers**

## **BALWADI PROGRESS**

The Balwadi celebrated New Year's day and Makar Sankranti on January 16, 2017, in the gaily decorated Balwadi classroom. The children were given fruit and chocolates. CCAC Chairman Dinoo Vasunia distributed toys to the children. Prof. Sabita Chuganee encouraged the kids to talk in English about "My School", "My Mother", "My Country" and make suitable drawings on these subjects. Mr. Sameer Allarakha sponsored the programme.

The Lalkaka Trust donated Rs.60,000/- this year to the Balwadi. The Trustees of the Lalkaka Trust will be invited for the Prize Distribution function.

**Dear Music, Thanks for Always clearing my head,  
healing my heart, and lifting my spirits.**

## **Why Do Strokes Often Happen in the Bathroom**

This was written by a UiTM Professor with the national sports board. He has been advising people not to wet the head and hair first when showering as this is the wrong sequence. This causes the body to adjust its temperature too quickly because we are warm-blooded. By performing this incorrect sequence, blood rushing up to the head may cause capillary or artery breakage, hence, a stroke and a fall. The right way to shower is to start wetting the body from the feet up to the shoulders slowly. A sensation of vapor coming out of the crown on the head or bristling of body hair may be felt for some people. Follow this procedure then shower as usual. This is especially useful for people with high blood pressure, high cholesterol and even migraine.

**Please share, it can save someone's life Green Yatra**

---

## **TOBACCO AND ITS ILL EFFECTS**

The Counselling and Guidance Centre organized a Seminar on **“Tobacco and its ill effects”** on 20th January 2017, at the Amy Rustomjee Hall, WGU.

This was done in collaboration with Tata Memorial Cancer Hospital and Voice Against Tobacco Organization, Mumbai. It was attended by 200 students and 3 teachers of BMC School, Colaba and 50 WGU members and guests.

The program started with the lighting of the lamp and the welcome address by the WGU President, Mrs. Havovi Gandhi. The Counsellor, Dr. Vatsala Thakur then invited the Chairman, C&G Centre, Adv. Gauri Chhabria, who extended a floral welcome to the Guest of Honour, Mr. Umesh Thanawala, Founder of Voice against Tobacco Organization, the keynote speaker Mr. Ashok Patil, Medical Social Worker at Tata Memorial Cancer Hospital and Mr. Sakaram Bhupi, Senior teaching faculty of BMC School, Colaba.

The speaker, Mr. Ashok Patil spoke not only about the various diseases such as cancer, tuberculosis, heart problem etc., but also about the psychological as well as financial ill effects of tobacco use. Various real life cases were cited wherein the patient and his family's sufferings were told. A power point presentation by Mr. Patil had a great impact on the audience.

Mr. Umesh Thanawala too shared his views on the topic and encouraged the participants to join the anti tobacco use drive. An Anti tobacco signature Campaign too was carried out. The participants signed on a 6 ft Cigarette model saying 'NO' to use of Tobacco.

All those who attended took a pledge with Mr. Sakaram Bhupi to shun the use of tobacco and help others to quit it. They took upon themselves the duty of spreading information on the ill effects of tobacco in any form. The audience participated enthusiastically were an exuberant lot and participated enthusiastically. The Seminar ended with a vote of thanks followed by refreshments.

As part of one of the projects of C&G Centre, Personality Development sessions with the students of BMC School, Colaba, are being conducted on a regular basis by the in house Counsellor, Dr. Vatsala Thakur. Along with individual Counselling cases are also taken up.

### **LIFE IS SHORT**

Be silly. Have fun. Love the people who treat you right, forget the ones who don't. Regret nothing. Believe everything happens for a purpose... and seek that purpose !

---

## **NO SAFE PUBLIC SPACES FOR WOMEN IN INDIA**

The problem of safety and equality of access to public spaces was once again brought into sharp focus after the horrifying December 31 mass molestation of women in Bengaluru.

Women all over the country live, work and move about in sheer fear of sexual assault and increasing crimes against them. The use of public spaces and modes of transport entail curtailed freedom, fear of violence and limited rights to public spaces. It also limits a woman's right to decide where and whether to work.

The MINT Lounge issue of Sat., February 18th., mentions that the National Crime Records Bureau report of 2015 reveals that there is no safe city in India as the crime rates reported are high. New Delhi reported the highest number of rapes, a total of 1,893 in 2015, followed by Mumbai with 712.

The UN website describes a "safe city" as one "where women and girls can enjoy public spaces and public life without fear of being assaulted, one that promotes equal opportunities for men and women in all spheres of social, economic, cultural and political life".

Today, safety first is the major consideration or choice for women in job selection, travelling, clothing, homes or leisure activities. South Indian cities are a shade safer with a better quality of life and a lower crime rate. Urban planning and road development departments do not have gender experts who focus on these important issues. The lack of public toilets is one such example.

Many corporates now give prime importance to protecting their women employees as some firms have 30 percent or more women in their work force.

No matter how educated a woman is if she has no freedom of movement and no sense of security, her choices are limited or restricted.

Changes in attitudes are the need of the hour, and till then, strong measures need to be enforced to ensure safety and security of women.

- Ed.

***The circles of women around us weave invisible nets of love that carry us when we're weak and sing with us when we are strong.***

**- Sark Breathe it in**

---

**WHY ENGLISH IS SO HARD**

We'll begin with a box, and the plural is boxes,  
But the Plural of ox becomes oxen, not oxes.  
One fowl is a goose, but tow are called geese,  
Yet the plural of moose should never be meese.  
You may find a lone mouse or a nest full of mice,  
Yet the plural of house is houses, not hice.

If the plural of man is always called men,  
Why shouldn't the plural of pan be called pen ?  
If I speak of my foot and show you my feet,  
And I give you a boot, would a pair be called beet?  
If one is a tooth and a whole set are teeth,  
Why shouldn't the plural of booth be called beeth?

Then one may be that, and three would be those,  
Yet hat in the plural would never be hose,  
And the plural of cat is cats, not cose.  
We speak of a brother and also of brethren,  
But though we say mother, we never say methren.  
Then the masculine pronouse are he, his and him,  
But imagine the feminine: she, shis and shim !

 / grammarly

- Anonymous

*Teamwork is the ability to work  
together toward a common vision.  
It is the ability to direct individual accomplishment  
towards organisational objectives.  
It is the fuel that allows common people to  
attain uncommon results.*

- Andrew Carnegie